



# AUGUST 2025

## DIOCESE OF LAKE CHARLES

CHOICE OF MILK:  
1% White  
Fat Free Chocolate  
Fat Free Strawberry

Monday

Tuesday

Wednesday

Thursday

Friday

4

5

6

7

1

Our Lady Immaculate  
**August 7 School Starts**

Lake Charles Schools  
**August 12 School Starts**

Pork Leg Roast, Gravy  
Whole Grain Brown Rice  
Red Beans  
Mustard Greens  
Applesauce  
Cornbread Square

Grilled Cheese Melt **OR**  
Ham & Cheese on HB Bun  
Tomato Basil Soup **OR**  
Fresh Baby Carrots  
Broccoli  
Fruit Mix

11

12

13

14

15

Italian Spaghetti Sauce  
Whole Grain Spaghetti  
Green Beans  
Cherry/Grape tomatoes  
Cantaloupe **OR** Fresh Fruit  
Whole Grain Yeast Roll

Crispy Chicken Patty  
Whole Grain Hamburger Bun  
Sweet Potato Fries  
Cucumber Slices  
Ranch Dipping Sauce  
Orange Smiles

Chicken Stew  
Whole Grain Brown Rice  
Black Eye Peas  
Fresh Baby Carrots  
Fruit Mix

Beef Fingers  
Creamy Potatoes  
Fresh Broccoli Florets  
Strawberry Cup / Apple Wedges  
Whole Grain Yeast Roll

Chicken Fajita Tacos  
Whole Kernel Corn  
Broccoli w/Cheese Sauce  
Pear Slices

18

19

20

21

22

Beefy Nachos Grande  
Tortilla Chips  
Pinto Beans  
Sweet Kernel Corn  
Applesauce

Hamburger  
Whole Grain Hamburger Bun  
Tomato Slices  
French Fries  
Fresh Seasonal Fruit

Cheesy Chicken Pasta  
Buttered Carrots  
Cucumber Slices  
Peach Slices  
Whole Grain Yeast Roll

Turkey Roast, Gravy **OR** Ham  
Whole Grain Brown Rice  
Green Beans  
Sweet Potato Crunch  
Fruit Mix

Cheese Pizza  
Fresh Broccoli Florets  
Fresh Cauliflower Florets  
Ranch Dipping Sauce  
Pineapple Tidbits

25

26

27

28

29

Hot Dog **OR** Corn Dog  
French Fries **OR** Tator Tots  
Mexican Beans  
Fruit Mix

Meatballs in Gravy  
Whole Grain Brown Rice  
Buttered Carrots  
Green Beans  
Seasonal Fresh Fruit

Chicken Nuggets  
Macaroni & Cheese  
Cherry/Grape Tomatoes  
Cucumber Slices  
Ranch Dipping Sauce  
Pear Slices

Baked Chicken, Gravy  
Whole Grain Brown Rice  
Broccoli  
Navy or Lima Beans  
Fruit Choice

Salisbury Steak, Gravy  
Creamy Potatoes  
Mustard Greens  
Peach Slices  
Whole Grain Yeast Roll

**MENUS ARE SUBJECT TO CHANGE**

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**

**Notification: Peanuts/Peanut Butter are not used in our menus. However, some products may contain nuts, may be produced in plants that use nuts and may contain traces of nuts.**