



DECEMBER 2024

DIOCESE OF LAKE CHARLES

CHOICE OF MILK
Fat Free Chocolate
Fat Free Strawberry
1% White

Monday

Tuesday

Wednesday

Thursday

Friday

2

Cheeseburger
Whole Grain Hamburger Bun
French Fries 1/2
Tomato Slices 1/4-1/2
Orange Smiles 1/2
Surprise Dessert (3/4 GB)

3

Fiesta Soft Tacos
(GB/FC/Cheese/JP/SC)
Pinto Beans 1/2
Sweet Kernel Corn 1/4-1/2
Fruit Choice 1/2

4

Macaroni Chili Skillet (Chili Mac)
Green Beans 1/2
Cauliflower w/Cheese Sauce 1/4-1/2
Pineapple Tidbits 1/2
Frito Chips (1 oz.)

5

Pork Leg Roast, Gravy
Whole Grain Brown Rice 1/2
Red Beans 1/2
Mustard Greens 1/4-1/2
Applesauce 1/2
Cornbread Square (2 oz.)

6

Grilled Cheese Melt OR
Ham & Cheese on HB Bun
Tomato Basil Soup 1/2 OR
Fresh Baby Carrots 1/2
Broccoli 1/4-1/2
Fruit Mix 1/2

9

Italian Spaghetti Sauce
Whole Grain Spaghetti
Green Beans 1/2
Cherry/Grape Tomatoes 1/4-1/2
Cantaloupe OR Fresh Fruit 1/2
Whole Grain Yeast Roll (2 oz.)

10

Crispy Chicken Patty
Whole Grain Hamburger Bun
Sweet Potato Fries 1/2
Cucumber Slices 1/4-1/2
Ranch Dipping Sauce
Orange Smiles 1/2

11

Chicken Stew (Diced Chicken)
Whole Grain Brown Rice 1/2-1
Black Eye Peas 1/2
Fresh Baby Carrots 1/4-1/2
Fruit Mix 1/2

12

Beef Fingers
Creamy Potatoes 1/2
Fresh Broccoli Florets 1/4-1/2
Strawberry Cup OR Apples 1/2
Whole Grain Yeast Roll (2 oz.)

13

Tex Mex Bowl w/WG Brown Rice
WK Corn/Cheese/Black Beans
Broccoli w/Cheese Sauce 1/2
Pear Slices 1/2
Chicken Fajita Tacos
(OLQH, St. M)

16

Beefy Nachos Grande
(GB/Cheese/SC/JP)
Tortilla Chips 1-2 oz
Pinto Beans 1/2
Sweet Kernel Corn 1/4-1/2
Applesauce 1/2

17

Hamburger
Whole Grain Hamburger Bun
Tomato Slices 1/4-1/2
French Fries 1/2
Fresh Seasonal Fruit 1/2

18

Cheesy Chicken Pasta (D C)
Buttered Carrots 1/2
Cucumber Slices 1/4-1/2
Peach Slices 1/2
Whole Grain Yeast Roll (2 oz)

19

Turkey Roast, Gravy OR
Ham #100184
Whole Grain Brown Rice 1/2-1
Green Beans 1/2
Sweet Potato Crunch 1/4-1/2
Fruit Mix 1/2

20

Cheese Pizza
Fresh Broccoli Florets 1/2
Fresh Cauliflower Florets 1/4-1/2
Ranch Dipping Sauce
Pineapple Tidbits 1/2

23

24

25

CHRISTMAS
VACATION
Dec. 23 – Jan. 3, 2025

26

27

30

31

MENUS ARE SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER

NOTIFICATION: Peanuts/Peanut Butter are not used in our menus. However, some products may contain nuts, may be produced in plants that use nuts and may contain traces of nuts.